

# The Bally Buzz



Balgownie Public  
School



Term 1 - Week 8

21 March 2024

## Calendar - Term 1

Week 8		NAPLAN
Monday	25 March	Family Workshop for Reading/Spelling in Library 3.10-4pm (Registration details below)
Tuesday	26 March	School Photo Day
Wednesday	27 March	Illawarra Sports High School - Year 6 Talented Sports Trials (Registration details below)
Thursday	28 March	Easter Hat Parade & Raffle 9.30am
Friday	29 March	Good Friday
Saturday	30 March	Winter Dress Orders Close
Monday	1 April	Easter Monday
Tuesday	2 April	PBL Assembly
Thursday	4 April	SRC - Ice Block Day
Friday	5 April	BPS Cross Country K-6 at Ziems Park Corrimal (Permission & payment due by 3 April)
Friday	12 April	Last Day of Term 1
Monday	29 April	Staff Development Day
Tuesday	30 April	First Day of Term 2 for Students

### ***From the Principal's Desk***

#### **Empathy**

Following from last fortnight, we thought it would be a great opportunity to outline how we work with students to support and encourage empathy.

Some of the ways we do this is by,

- Clearly explaining that empathy means understanding and caring about another person's feelings and taking action to help. We explain how it improves the classroom and school community.
- Explaining the importance of noticing and having empathy for people beyond immediate friends, including those who are different or who are too often invisible.

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· Providing examples of how to act on empathy, such as helping, showing kindness, or even simply listening.

Having opportunities at home to have these conversations, provide our little people with a variety of circumstances that ensure they see a full range of empathy modelling.

### **Growth Mindset and a sweaty brain!**

We are also having a strong focus on learnability and developing good, strong learning attributes. A growth mindset is a valuable tool to ensure we can become better at completing tasks or activities. At Balgownie, we refer to this as getting a 'sweaty brain'. When we work our bodies hard, they get sweaty. When we do a lot of thinking and brain work, it is only natural to imagine that our brains get sweaty as well. This is a prompt to the students to encourage them to use their thinking skills! Have you had a sweaty brain today? When we have sweaty brains, we can also practice our Grit. We keep going until we can achieve something, learn something, or improve something. Those with a growth mindset will find setbacks motivating. They see mistakes as informative or an opportunity to have another go! Michael Jordan, the basketball player, had an incredible growth mindset. He was dropped from his high school team, and instead of giving up, he practiced harder and developed his skills.

### **Goal Setting Conferences**

Thank you to those families who have met with their children and class teachers to discuss the learning goals for 2024. If you are yet to arrange a time to meet with the teacher and your child, please contact the school office to make a mutually convenient time.

Also, a reminder, if you wish to speak to your child's teacher, please contact the office to make an appointment. We believe it is important for families to be able to discuss their child's progress with the teacher, at any time. Equally, our teachers may contact parents to discuss learning!

### **NAPLAN**

Our NAPLAN for 2024 has been finalised. I am so proud of the Grit and Growth Mindset our children showed during this time. They had sweaty brains and earned a sweet treat. A huge thank you to Fantasy Donuts in Dapto for their donation of donuts for each of the Year 3 and Year 5 students. DONUT STRESS!

Kind regards

*Donna Barton*

Principal

### **PBL focus for the fortnight – The Grass Areas**

This fortnight our PBL focus is how our values **Respect, Responsibility** and **Resilience** look in our **Grass Areas**.

At Balgownie Public School our classrooms are places where;

- We are kind to others and look out for our friends.
- We keep our hands and feet to ourselves.
- We wear a hat and follow the game rules.
- We remember it's only a game and if someone is unkind, remind them of the rules and tell a teacher.

## SPORT UPDATE

### Swimming

Congratulations to our swimming age champions;

Junior Boy - Oliver G  
 Junior Girls - Piper B  
 11-year Boy - Max C  
 11-year Girl - Emily R  
 Senior Boy - Noah A  
 Senior Girl - Capri D

### Cross Country

Our cross country will be held on Friday April 5 at Ziems Park in Corrimal. The whole school will travel by bus to and from the park. A note has been emailed out to all families with further details. Please ensure you have given permission and paid \$5 by Wednesday April 3. Here is the link to the permission note.

<https://forms.gle/grqbdMEdGnoh2XzF6>

To help with the running of the cross country we are asking for parent volunteers. Please indicate if you are available to help on the permission note.

Could all students please check at home for any Balgownie sports items such as swim caps and soccer shirts.

### Easter Hat Parade and Raffle

Donations of Easter eggs and Easter themed goodies for the Easter Raffle can be dropped to the school office.



Tickets will be sold the week of the parade from Monday 25 March till Thursday 28 March before school from 8.30am, the first half of lunch and before the parade on Thursday. Tickets are 1 for \$1.00 or 3 for \$2.00.



The raffle will be drawn after the Easter Hat Parade on Thursday 28 March.

Thank you for your continued support.

### Ice Block Day – SRC

On Thursday 4 April 2024 (week10), our SRC will be holding an Ice Block Day. Super-dupers and choc-coated ice-creams will be on sale at lunchtime:

- Super-dupers \$1.00 each
- Choc-coated ice-creams \$2.00 each

Funds raised will be directed towards providing activities for our students to do during the play breaks.

We would like to acknowledge our hardworking and committed SRC students for their work so far this year and thank our school community for your ongoing support of our school.

Aria W (SRC) and Mrs Birchall



# Family Workshop

How to support your child to read and spell at home using decodable books



**Reading decodable books,  
spelling & creating  
learning games**

**Monday 25th March 3.10pm - 4pm**

**Parent and child workshop @ BPS library**

Read a decodable text with your child.

Use the book to practise reading and spelling sounds,  
words and sentences.

Create word cards, word pocket sliders  
and play card games.

Please also bring your child's  
'reading at home' folder.

Or register using  
the QR code



Register to attend the workshop using the link:

[https://docs.google.com/forms/d/e/1FAIpQLSeQmqTk2O0BBZOT-hJAlwtC2Zmi9VZcj8MrKKVmeSO7Lujmw/viewform?usp=sf\\_link](https://docs.google.com/forms/d/e/1FAIpQLSeQmqTk2O0BBZOT-hJAlwtC2Zmi9VZcj8MrKKVmeSO7Lujmw/viewform?usp=sf_link)

Images - Rawpixel & Freepixel

## Tournament of Minds (TOM) 2024 - update

This week, Mrs Robson and Mrs Barkley met with students who have expressed interest in building their TOM skills. Students were able to find out more information and ask questions about both the lunchtime workshops and the competition aspect later in the year. At this stage, we have 21 students from Stage 2 and 3 who will come to our first workshop!. We will start our workshops next week. We plan to meet weekly on Thursdays during lunchtime and will adjust our workshop times as needed to fit in with school events and priorities. We are very excited about working creatively with our wonderful little people and helping them harness their talents and build their social skills.



Please see our Week 6 newsletter and visit the TOM website: <https://tom.edu.au/> to find information already published.

From your enthusiastic TOM Teachers  
Mrs Barkley and Mrs Robson

## Young Engineers Illawarra

Young Engineers Illawarra are looking at supplying further opportunities for students to participate in their program. Please use the link to complete any feedback/interest.

<https://forms.gle/Hz8HLTWPTgjLXYhB6>



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## P&C NEWS

### Uniform Shop

Winter tunic pre-orders have opened. Orders will close on the 30th March however, early orders are very much appreciated. This will be the only opportunity to order these dresses before winter so please make sure you get your orders in. Please note: Winter tunic sizes are similar to the summer dress sizes.

If you have any second-hand items to donate please take them to the school office. Please ensure these are washed and are only our official school items. We appreciate your donations and support.

The second-hand uniform shop will be open once a fortnight on a Wednesday between 2:15-3pm outside of the uniform shop.

The next date we are open in term one will be Wednesday 3rd April.

For all uniform shop enquires please contact us at our new email address [uniformshop@balgowniepnc.onmicrosoft.com](mailto:uniformshop@balgowniepnc.onmicrosoft.com)

*Balgownie Public School P&C*

### Double Deal - Helping your school & the environment!

You probably know about Return & Earn? What you may not know is that you can contribute Return & Earn money to Balgownie Public School!

Return & Earn works for those small single serve plastic bottles (eg. gatorade), cans or glass bottles. Milk cartons or big juice cartons etc are not accepted, you can recycle them in your yellow bin at home.

### Where is Return & Earn located?

The automatic deposit machine is located near Corrimal Library.

When you get to the Return & Earn collection point, simply scan the barcode below and start feeding your bottles down the chute. This money is then sent to the P & C's PayPal account which will help us raise money throughout the year. Every little bit helps, and your children are always the recipients of material bought with the money raised for the school.

Of course, recycling in any way is better than it going to landfill, so you can involve your children in Return & Earn where they can earn some pocket money, or you can choose to donate it to one of the charities or organisations listed.

Happy collecting!



ILLAWARRA SPORTS HIGH SCHOOL

# TALENTED SPORTS & DEVELOPMENT PROGRAM

## YEAR 6 TRIALS

Wednesday March 27th  
9.30am to 12.00pm

Register online through school website or Facebook.

Call the front office if you have any queries.

All details of trials will be emailed to you once registered.

***Basketball, Cricket, Football & Sydney FC, Girls Tackle, Hockey,  
Rugby League, Surfing, Girls Touch & Tag.***

WOLLONGONG LIONS  
REGISTRATIONS NOW  
OPEN!



Auskick (5-8)



Juniors (9+)



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Coomaditchie United Aboriginal Corporation

Invites you to attend a **FREE**

# COMMUNITY CULTURE DAY

**Monday 15 April 2024 at 10am – 2pm**

**Location:** Coomaditchie Lagoon, Port Kembla – meet at 10am by the facilities block, near the corner of Parkes St & Shellharbour Rd, Port Kembla.

### What to expect:

- Welcome to Country and Smoking Ceremony, followed by community yarning circle about cultural heritage, bush regeneration and water management at Coomie Lagoon.
- Free Bush Care and Planting workshop, led by the Illawarra Local Aboriginal Land Council and Wollongong City Council.
- Free BBQ / Sausage Sizzle.

**RSVP:** Please register with Kristy (Lil) by emailing [coomaditchie@gmail.com](mailto:coomaditchie@gmail.com)



ILLAWARRA  
LOCAL ABORIGINAL  
LAND COUNCIL



wollongong  
city of innovation



New South Wales  
Aboriginal Land Council

WOODS-RAY  
THEATRICALS

**FROZEN JR.**

**CAST ANNOUNCEMENT**

ANNA | Jade Woods  
 ELSA | Chelsea Kokden  
 KRISTOFF | Samuel Dyson  
 HANS | Fabian Coppola  
 OLAF | Rohan Green  
 OAKEN | Sam Leighton  
 WESELTON | Cohen Roach  
 QUEEN IDUNA | Keeley Nolan  
 PABBIE | Arrabella Clark  
 BULDA | Tahlia Borg

YOUNG ANNA | Karen Motoori & Aria Wyborn  
 YOUNG ELSA | Selma Akpinar & Laycee Davidson

**THE ENSEMBLE**  
 Asha Taylor, Charli Baraldi, Charlotte Fennell,  
 Cooper Buckley, Darcey Whalan, Delta  
 Charlesworth, Ella Coccia, Ella Fennell, Ella  
 Koperberg, Ella Lewis, Grace Johnston, Isabella  
 Grasso, Keira Bonney, Lillian Harris, Lillie  
 Hobden, Madeleine Wood, Scarlett Pawson,  
 Seraphina Tannous, Sophia Lee, Sophie Towill,  
 Tiara Cassar, Torah Holland-Weir

Thursday 11th July - Sunday 14th July

Venue: Wollongong High School of Performing Arts Centre

<https://www.trybooking.com/events/landing/1163454>

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