

The Bally Buzz

Balgownie Public School *Living & Learning*

W: www.balgownie-p.schools.nsw.edu.au T: 4284 4245 F: 4284 3462 E: balgownie-p.school@det.nsw.edu.au

Term 3 Week 4

Wednesday 6th August 2014

CALENDAR – TERM 3

Thu	7 Aug	School Starters Playgroup 9-11am in hall
Mon	11 Aug	Book Week Book Fair in Library 3-3.30 daily Stage 2 Killalea excursion
Tue	12 Aug	ICAS Maths
Wed	13 Aug	6.45pm Maths Parent Forum 7.15pm P and C meeting
Thu	14 Aug	Book Week Mufti Day, Author visit & Fete donations



100 years of ANZAC commemorated at Balgownie Cenotaph. I'm sure you have seen on the media the important commemoration held at the Balgownie cenotaph on Monday to mark the beginning of World War One. Balgownie village had 111 volunteers, the third highest per capita, and 25 of these young men did not return.



The moving ceremony was attended by the Governor of NSW, Dame Marie Bashir; The Lord Mayors of Wollongong, Shellharbour and Kiama; Sharon Bird and Ryan Park; local servicemen and women and other

dignitaries. Molly Drain was part of the ceremony and recited the 23rd Psalm. Well done, Molly! Our senior students were impeccably behaved and showed the

respect for the solemn occasion that we expect of our students. *Lest we forget.*

Choir were wonderful I was so proud of our wonderful choir who sang beautifully at the 60th Northern Illawarra Music Festival. The whole festival was amazing with four schools performing individual and mass choir items. Our school was sensational as they sang a Michael Jackson medley complete with a glove and glitter. It was the best song of the night! There was some great innovation with Scott Radburn as compere.

Thanks to Mrs Lynch, and the Stage Two team for their hard work with the choir and to the ladies in the office for their work with the tickets. Thanks also to Mr Scott Burford for making our presentation even more fabulous through his accompaniment. A special congratulations for our star conductor Mrs Lynch. Great work to all students and staff!

The quality performance demonstrated what is so good about Public Education - staff working together to support each other who care and give above and beyond their job description, parents and communities proud in their support of their child's school and students who are engaged, learning and taking the opportunity to step up and perform in a forum that wholeheartedly recognises their abilities. Absolutely brilliant, thank you!

Child protection Attached to the newsletter is the lesson outline for Child Protection. This essential part of our PD Health syllabus helps protect our children by discussing personal safety. We use the key phrase of "No, Go, Tell." If you have any questions, please speak with your child's teacher.

P and C focus group for Maths – All parents are invited for a discussion about maths at 6.45pm next Wednesday. This is part of our evaluation process as we want to get a full picture from our data, from staff, from students and from parents about what we are doing well and what we need to focus on in the next few years.

The discussion will be about your perceptions of our teaching of maths, our students learning, information you may want to help children at home and things we can do better to help our children achieve higher outcomes. It isn't an information session about the way we teach maths, but a chance for you to help us continually improve. This will be followed by the general P and C meeting.

Respect, Responsibility, Real Learning

Principal: Aloma Stewart PO Box 192 Fairy Meadow NSW 2519 P&C: www.balgowniepnc.com

Teacher meeting reminder Our teachers are hard working professionals who try to accommodate parent meeting requests as soon as possible. Sometimes our teachers cannot chat with you, even for a short time, as they have meetings to attend or work they need to prepare for their class.

Please be mindful that it is best to make an appointment time with a teacher if you wish to discuss something. That can be with the teacher themselves, or you can leave a message with the office and the teacher will call you to make a mutually suitable time.

Parenting Ideas Magazine 12 available. As we are parenting Ideas members, you are welcome to download this free parenting magazine. Happy Reading!
http://www.parentingideas.com.au/Parent_Magazine.html



Cyber safety. Our children (and ourselves) live in an increasingly digital world. We need to work together to equip our kids with skills to be good digital citizens and how to keep themselves safe. <http://www.cybersmart.gov.au/> is an interesting site. I have also included some discussion points for your information.

Use the **THINK** acronym to discuss cyber safety with your child.

T Tell your Mum or Dad if you see something online that upsets you, or if someone makes you feel unhappy. You can also talk to a trusted adult like a teacher: they can help.

H Hide your password. Only ever share it with your parents – never with your friends. Someone else could go online pretending to be you and do something that could get you into trouble.

I Interesting websites can be fun. Check with Mum or Dad if a site is okay to use before you visit. Sometimes they can set up a good list of sites just for you.

Be **N** Nice to people you talk to on the internet or phone. Name calling or being mean is not cool. Look out for yourself and for others.

K Keep your special personal information safe. Never give your real name, address or phone number to anyone you don't know in the real world. Use a nickname in chat rooms or when you play games on the computer.

The following is some information for the older students about Cyber Bullying. The same rules apply online as in the 'real world' about how to treat other people. Unfortunately, people don't always treat each other well online, and you, or a friend, may find that you are the target of cyberbullying. You might be teased or have rumours spread about you online, receive nasty messages or even threats. It can happen in school, or out of it, any hour of the day, from people you know, and sometimes people you don't know. It can leave you feeling unsafe and alone.

No-one has the right to bully another person. At its most serious, cyberbullying is illegal and can be investigated by the police.

If you are being cyberbullied

- **Ignore it.** Don't respond to the bully. If they don't get a response they may get bored and go away.
- **Block** the person. This will stop you seeing messages or texts from a particular person.
- **Tell someone.** Tell your mum or dad, or another adult you trust. Or you can call Kids Helpline on 1800 55 1800, visit their website or contact the [Cybersmart Online Helpline service](#).

If a friend is being cyberbullied

It can be hard to know if your friends are being cyberbullied. They might keep it to themselves. If they are being cyberbullied, you might notice that they may not chat with you online as much, suddenly receive lots of SMS messages or are unhappy after they have been on the computer or checked their phone messages. They may stop hanging around with friends or have lost interest in school or social activities.

Help stop cyberbullying

- Stand up and speak out! If you see or know about cyberbullying happening to a friend, support them and report the bullying. You'd want them to do the same for you.
- Don't forward on messages or pictures that may hurt or be upsetting to someone. Even though you may not have started it, you will be seen to be part of the cyberbullying cycle.
- Remember to treat others as you would like to be treated when communicating online.

Have a great week!

Aloma Stewart

Thought of the week

It is not the strongest of the species that survives, nor the most intelligent, but the most responsive to change.

-Charles Darwin

Joke of the week

Q. Why did the dinosaur cross the road?

A. Because there were no chickens back then.

FRIDAY MORNING STUDENT ASSEMBLY

The Brokers District Athletics ribbons will be handed out at our Friday morning assembly on 8th August at 9am under the COLA.

Congratulations to the following students who have demonstrated our values of **Respect**, **Responsibility** and **Real Learning**.

The students have earned themselves a wrist band. Well done!

Alex D 1A

And well done to the following students who achieved their PBS badge!

Tommy A 3HR Jordan L 1A Hamish C 1A

CHILDREN'S BOOK WEEK

Children's Book Week is an annual event occurring in August each year. The official dates for Book Week this year are Saturday 16th August – Friday 22nd August.

Due to a very full Term 3 calendar we will be celebrating Book Week at Balgownie School in Week 5 from Monday 11th August – Friday 15th August. Book week activities include a Book Fair, Book Week mufti day and an author visit for stages 2 and 3.

The Book Fair will run in the Library all week in week 5 and will be open to the public from 3pm until approximately 3.30pm. There will be lots of great titles for sale. Commission raised from the book fair will go towards the purchase of new library resources.

The author visit (no cost) and book week mufti day will take place on Thursday 14th August. In lieu of a gold coin donation, the P&C have requested that students bring along donations for the upcoming fete Gift Basket Stall. The P&C have requested that children in different stages bring along the following items:

Stage Group	Donation for Gift Baskets
Kindergarten	Baby items – girl or boy
Stage 1 (yrs 1&2)	Kids craft items & toys
Stage 2 (yrs 3&4)	Food/baking items eg. cooking items, tea, coffee, crackers, chips etc. No nut products please and be sure that food is in date and suitable for a gift hamper.
Stage 3 (yrs 5&6)	Women's and Men's gift items

Items can be placed in the boxes that will be outside the canteen on the morning of Thursday 14th August. Many thanks from the P&C.

On a final note, the Book Week theme for this year is 'Connect To Reading'. Book Week information and the Book Week short list of books can be found on the Children's Book Council of Australia web site at <http://cbca.org.au/>.

Happy Book Week everyone! Mrs Birchall

2014 INTERNATIONAL COMPETITIONS AND ASSESSMENTS FOR SCHOOLS (ICAS)

The ICAS Mathematics test will be held on Tuesday 12th August 2014 during school time. Could all those who have entered in year 3-6 please bring an eraser (pencil is supplied).

- ☐ Calculators are not permitted.
- ☐ Formal algebra is not tested. The emphasis is put on pattern, structure and puzzles.
- ☐ Formal geometry is not tested. The emphasis is put on spatial skills.

Good luck to all students who have entered and thank you to parents for your support.

Mrs Cliff

BE PREPARED TO BELIEVE IN SOUTHERN STARS 2014

With the recent media launch of Southern Stars for 2014 we are happy to announce the theme for this year's show is **#webelieve2014**.

The show's theme is about a child's journey through to adulthood – believing in magic and fantasy in the early years, believing in themselves, and through education, believing in a better world.

Community support of Southern Stars is vital to ensure its success and future and with that in mind we encourage everyone to support Southern Stars by going to see one of the shows.

Over 12,000 people are expected to attend the four performances at the WIN Entertainment Centre on Friday August 29 and Saturday August 30 - make sure you are one of them!

Get together a group of friends, or your family, and make sure you get to the show.

Tickets are on sale through Ticketmaster priced as follows: Adult \$48, Pensioner and student over 12 \$38, Student/Child under 12 \$27 and Family pass \$140.

CANTEEN ROSTER TERM 3 - WEEK 5

MOND 11/8/14	Wendy Myers Lisa Sheedy
TUES 12/8/14	Lisa Tunstall Callie Heyman
WED 13/8/14	Evelyn Knust Ghada Sultan
THUR 14/8/14	Catherine James Shirley Butterly Joanna Lindenau
FRID 15/8/14	Julie Neal Gayle Galvin Shelly Lavery

CANTEEN NEWS

VACANCIES

We currently have several vacancies which we need to fill asap. These are the stock management/ordering role, and the roster coordinator role. These roles are flexible and will

be well supported. If you are able to help out or need some more information please let Faye or someone on the canteen sub-committee know asap.

VOLUNTEERS

We are looking for four new volunteers. Three of these are required to fill gaps on Thursdays and one on Tuesday. If you are able to help out please do, as without the volunteers the canteen cannot open.

Thank you, Faye (0401520632 | ballycanteen@gmail.com)



COMMUNITY NEWS



FREE Aboriginal Family Mornings

- Come for a Yarn and morning tea @ Bellambi Public School 10-12 on Tuesdays (during school term)



Kids Time

SUPPORTED PLAYGROUPS

Bellambi Neighbourhood centre
10-12 Mondays (During school term)

- Morning tea provided
- Craft and Play activities
- All welcome



UNIFORM SHOP NOW OPEN

<http://balgowniepnc.com/uniforms>

Have the ease of paying via Credit Card, PayPal, Direct Deposit or even Cash* or Cheque*.

No more queues... Just order online, choose one easy payment method and deliveries are made every week to you nominated child's classroom.

For further enquiries or appointments please email uniformshop@balgowniepnc.com

**Cash or cheque payments are to be made through the canteen slot in a sealed envelope with your order number.*

Balgownie Public School - Child Protection Units - Scope and Sequence



Lesson	Kinder Early Stage 1	ODD Year Stage 1	EVEN Year Stage 1	ODD Year Stage 2	EVEN Year Stage 2	ODD Year Stage 3	EVEN Year Stage 3
1	Relationships Theme 2 p52 Trust Theme 2 p53	Relationships Theme 2 p59	Rights & Responsibilities Theme 2 p61	Relationships Theme 2 p62	Bullying Theme 2 p67	Personal Rights Theme 2 p74	Sources of Power Theme 2 p79 Coercion Theme 2 p83
2	Rights & Responsibilities Theme 2 p56	Wanted & Unwanted Touch Theme 2 p66	Privacy Theme 2 p64	Trust Theme 2 p74	Rights & Responsibilities Theme 2 p76	Rights & Responsibilities Theme 2 p77	Harrassment Theme 2 p87
3	Yes & No Feelings Theme 1 p27	Protection Theme 1 p33	Unwanted Touch - Saying No Theme 2 p68	Bribes & Threats Theme 2 p83	Feelings & Warning Signals Theme 1 p33	Body Parts Theme 1 p28	Physical Abuse & Sexual Abuse Theme 1 p32
4	Safe & Unsafe Situations Theme 1 p30	Body Parts Theme 1 p35	Comfortable & Uncomfortable Feelings Theme 1 p38	Protection Theme 1 p24	Physical Abuse Theme 1 p44	Emotional Abuse & Neglect Theme 1 p38	Identifying Risk Situations Theme 1 p49
5	NO GO TELL Theme 3 p74	Saying No Theme 2 p90	Networks Theme 3 p88	Body Parts Theme 1 p29	Sexual Abuse Theme 1 p47	Indicators & Risk Theme 1 p44	Effects of Abuse Theme 1 p55
6	Networks Theme 3 p75	Prepared to Go Theme 3 p95	My Strategies Theme 3 p103	NO GO - Assertive Theme 3 p102	Networks Theme 3 p93	Planning for Safety Theme 3 p102	Responding to Risk Situations Theme 3 p106
7	My Strategies Theme 3 p83			Skills for Telling Theme 3 p 107	Secrets Theme 3 p 112	Using Personal Networks Theme 3 p115	Community Support Theme 3 p118