

The Bally Buzz

Balgownie Public School *Living & Learning*

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Term 1 Week 3

Wednesday 12 February 2014

CALENDAR

Term 1

| | | |
|------------------|---------------|---|
| Tuesday | 11 Feb | Scripture classes begin |
| Wednesday | 12 Feb | Auskick program begins 3pm at school P&C Meeting 7.15pm in Library |
| Monday | 17 Feb | School Leaders Induction assembly 2.20pm in Hall |
| Monday | 24 Feb | Swimming Carnival Presentation 2.15pm |

Successful carnival and Bally students complimented on behaviour and sportsmanship. Well done to the teaching team led by Mrs Burns for the wonderful swimming carnival. The students swam hard and all performed at their best. 50 metres can seem a long way, especially for some of our 8 year old competitors! Fabulous effort by all swimmers. It is a credit to their families that every time we go on excursions, our students are complimented on their wonderful behaviour.

Living so close to the beach, we encourage all students to be able to swim 50 metres competently, and if they can't, we urge parents to enroll them in further swimming lessons. It would be wonderful to see all of our Year 3-6 students confident enough to swim at our carnival!

Is your child in Year 6? The School Leaders Induction Assembly is on Monday 17 February, in the school hall at 2.20pm. All parents welcome to attend.

Thanks to those parents and carers who have paid for the subscription to Reading Eggs and School Magazines and those who have also paid their voluntary school contributions. It makes a big difference to our school. If you have not yet paid for these, please do so as soon as possible. We have Eftpos to make it easier for you!

Meet the teacher information sessions are being held this week. There have been large numbers at each meeting so far. Thank you for taking the time to meet with

your child's teacher, to find out what they are teaching this year and to build the partnerships that are vital for our children to succeed. If you have any further questions to ask staff, please make a time to have an individual appointment. Our staff are always willing to meet with you. At the end of this term, there will be parent teacher interviews being held.

Assembly in morning It is great to see so many parents at our Monday morning assemblies when we give messages, and our PBS rewards are given out. It would be really helpful to our students, who are trying to listen to messages, if parents could stand on the sides and the back of the assembly, and not behind the teachers presenting. It can be a bit distracting for the students and we really need them to focus on the speaker. Your help in this matter is appreciated.

History on Balgownie Public School As our school counts down towards our 125th Anniversary, we will be putting some historical facts about our own special place in the newsletter. Thanks to Mrs Woods who has collected some of the interesting bits for us!

Information from Balgownie School Centenary Publication 1989

- The father of BPS, Joseph Keegan, a local blacksmith with 5 children, put together a petition that a school was needed. 58 families signed. The proposed school was built to house 200 pupils plus teachers residence at a cost of \$1,500 pounds.
- The 1st principal was James Pearson.
- Official opening ceremony April 10th 1889 including a picnic (at Judy Masters Oval?) and a banquet at the (hotel ?)
- Lessons started April 29th 1889
- School fees were threepence a week per child
- If a child missed the first day or so of the school week, some parents would keep them at home for the rest of the week rather than pay the fee for only part of the week's tuition. These were the Depression years of 1890's especially in the coal industry.
- 1890's the school presented musical shows to raise money for book prizes & school needs.

Bikes and Cars Just a reminder about keeping our

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students safe.

- All students are to walk bikes and scooters out of the school so that they avoid accidents in the playground at busy times of the days. It is parental responsibility to ensure that they have appropriate safety gear and that they understand safety messages.
- Drop children off on the correct side of the road. If you have to park on the opposite side of the road, get out of your car and come and meet your child. Little people don't always look at traffic when they are excited to see you.
- Please follow the road signs around our school. Make sure that you don't obstruct view of children around road crossings. We want to keep all of our students safe.
- The lower car park is not to be used by students as a walking path into school as there are cars entering this at all times. Please encourage your children to use the path beside the carpark.
- Please do not pull into our carparks to drop your children off and then reverse back out on the road. Reversing at such a busy time, with little children around is dangerous as they are difficult to see and sometimes unpredictable.

Positive Behaviour for Success teaches students social skills based in values. The first six weeks of our PDHPE Scope and sequence is designated towards delivering six PBS lessons across the whole school. The first two weeks of PBS lessons are designed for classroom teachers to communicate whole school, classroom and playground rules, behaviours and expectations. Teachers have discussed rules in the classroom as well as walked students around the school to discuss rules and routines in various areas of the school. They have used the PBS signs around the school as prompts. Teachers have also communicated the PBS reward system to students.

This week, our whole school focus is on 'Body language and tone' as 93% communication is non-verbal: Body language (55%), Tone of Voice (38%), Verbal (7%).

Body language: People use body language without thinking (unconsciously) to communicate with other people. We are constantly dropping clues about what is going on in our head, sometimes without even knowing.

Tone of voice: Emotions are often given away not so much by what people are saying but how they say it. For example speaking loudly in short sentences can show aggression, speaking gently and giving smiles and encouragement can show caring.

Use the acronym FEVER to remember important body language signs

- **FACE** the other person
- Use **EYE** contact
- Use an appropriate **VOICE**
- Your **EXPRESSION** should match what you say and your tone of voice
- Use the **RIGHT** posture – **RELAX**

Discuss the body language DOS & DON'T'S:

DO

- Remember FEVER
- Smile
- Be a good whole body listener
- Count to 5 or 10 to give yourself time to relax and think
- Use friendly words
- Take a deep breath before talking
- Use a polite and friendly tone of voice
- Use positive thinking
- Be aware of personal space

DON'T

- Stare at the other person
- Look at your feet or elsewhere
- Get too close or too far
- Mumble your words or slouch
- Use angry body language eg clenched fists or jaw etc
- Yell, scream or use inappropriate words

Follow this up at home to help all of our children learn important communication skills!

Permission to publish annual update.

I am seeking your permission to publish information about your child for the purposes of sharing his/her experiences with other students, informing the school and broader community about school and student activities and recording student participation in noteworthy projects or community service.

This information may include your child's name, age, class and information collected at school such as photographs, sound and visual recordings of your child, your child's work and expressions of opinion such as in interactive media.

The communications in which your child's information may be published include but are not limited to:

- Public websites of the Department of Education and Communities including the school website, the Department of Education and Communities intranet (staff only), blogs and wikis.
- Department of Education and Communities publications including the school newsletter, annual school magazine and school report, promotional material published in print and electronically including on the Department's websites.
- Official Department and school social media accounts on networks such as YouTube, Facebook and Twitter.

Parents should be aware that when information is published on public websites and social media channels, it can be discoverable online for a number of years, if not permanently. Search engines may also cache or retain copies of published information. Published information can also be linked to by third

parties.

We will assume that unless told otherwise by writing, that you continue with your decision about permission to publish as signed and held by our office. If you wish to change your decision, please visit the office. If you wish to discuss publications, please speak with myself or member of the Executive. Thank you.

Have a wonderful week.
Aloma Stewart

Joke of the week

Q: How to you organize a space party?
A: You planet.

Thought of the week

"Don't make the same mistake twice seems to indicate three mistakes, doesn't it? First you make the mistake. Then you make the same mistake. Then you make the same mistake twice. If you simply say, 'Don't make the same mistake,' you'll avoid the first mistake, won't you?" --George Carlin

ILLAWARRA SPORTS HS - OPEN NIGHT

Illawarra Sports High School is holding its annual Open Night for year 5 and 6 students and parents on Monday the 24th February, in the newly renovated school hall at 6pm. For more information ph: 4271 1099.

WOLLONGONG HIGH SCHOOL OF THE PERFORMING ARTS – EXPO EVENING

Is your child interested in the arts? Are you considering WHSPA as your choice of secondary school? If so, come and meet us at **Expo Evening**.
27 February 2014
5.30pm - 7.00pm in WHSPAC.

WHSPA APPLICATION PACKAGES

To the parents of Year 6 students. If your child is interested in auditioning for the Wollongong High School of the Performing Arts in dance, drama, music or visual arts, please see Mr Loxton for application packages. This is for Year 7 in 2015. The applications and attachments need to be returned to Wollongong High School of the Performing Arts by **WEDNESDAY 19TH MARCH, 2014.**

DRAMA STUDENTS NEEDED - ILLAWARRA REGION EISTEDDFOD

If you currently study Drama outside of school and would like to enter an Eisteddfod, please email for more information:

info@illawarraregioneisteddfod.com

Entries close 21st February.

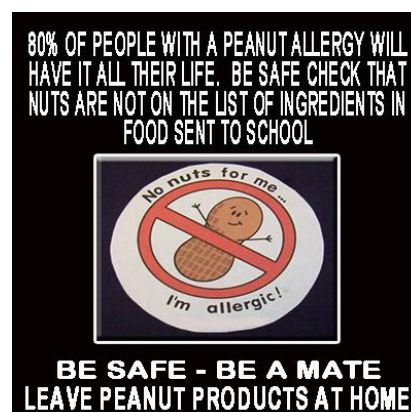
For more info, please see Mrs Lynch.

AFL AUSKICK @ BPS

Balgownie will be hosting the Auskick after school program for the next 6 weeks.

Boys and girls (K-6) are welcome to participate, starting Wednesday 12th, 3.05pm-4.05pm.

Students will receive the brand new 2014 Auskick Pack including bag, ball, pump, cards magazines and more.
Cost \$47



CANTEEN NEWS

Help needed!

We need 2 volunteers once a month on the 2nd and 4th Thursdays each month. Please contact Delvene Spencer on 0411286361 if you are available.

Shoppers required for school canteen.

We are looking for a parent/career/grandparent to shop for the school canteen once a week. Please contact Donna Guest on 0447790619 if you can assist in this role.

For a limited time only Mexican potato skins!
Potato wedges oven roasted with salsa and melted cheese only \$1.

CANTEEN ROSTER

Week 4 Term 1

| Day | Date | Name |
|------|---------|--|
| Mon | 17.2.14 | Tracy Koschny Kim Mercieca |
| Tue | 18.2.14 | Martha Newman Sharon O'Brien |
| Wed | 19.2.14 | Delvene Spencer Nicky Kettley |
| Thur | 20.2.14 | Michelle Hodge Corina Firpo Megan Hammersley |
| Frid | 21.2.14 | Shellie Lavery Gayle Galvin Julie Neal |

COMMUNITY NEWS

UOW – JUNIOR WATERPOLO

URAC will be running a junior waterpolo competition/training session this terms starting on Saturday the 15th of February and will run every Saturday until the 12th of April from 12.30pm- 1.30pm. Kids from 8-14 years can be involved and cost is \$7 per session. Anyone is welcome to come along and try out our junior waterpolo which is a new and growing comp we started towards the end of last year. School kids that

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have participated in school sport waterpolo sessions at URAC and have enjoyed it are encouraged to come along and improve their skills and game knowledge. For further enquiries email urac-pool@uow.edu.au



Girl Guides have lots of FUN!!
Camping, cooking, doing craft,
playing games, earning badges

and learning skills for life.

Girls 7-10 yrs meet Saturdays 9.00 – 10.30am

Girls 10-14 yrs meet Wednesdays 6.30 - 8.30pm

Girls 15-18 yrs meet Mondays 7.00 – 9.00 pm

At the GWYNNEVILLE GUIDE HALL

Call Pam on 0434111062 or to find out more visit our

Website www.girlguides-nswact.org.au

WOLLONGONG LIONS JUNIOR - AFL

- We play on Sundays at North Dalton Park at Fairy Meadow, the premier sporting complex for cricket and AFL in the Illawarra
 - Ages: Auskick (4-8 years old), Under 9, 10, 12, 14 and 16
 - Registration for Wollongong Lions Junior AFL is only \$100 (\$80 for Auskick)
- For more info ph: Hatem 0414753755 or Wayne 0425317809 www.wlionsjuniors.com.au

MT OUSLEY PHYSICAL CULTURE CLUB

Physie is dance and exercise rolled into one, learning rhythm and movement to music.

Classes start back week starting Monday 10th February.

9-12yrs Mondays. Pre-schoolers-8yrs Tuesdays.

No registration cost to try it, and the first three lessons are free to test it out.

The music is very modern and the routines are fun. Great for co ordination and flexibility.

Sat morning classes available as well as mid week for pre-schoolers -8yrs.

Details phone Elizabeth Scott 0411 288 291

Website: www.mtousleyphysie.com

Recipe for Success Workshop – Wollongong

Autism Spectrum Australia (Aspect) will be running our **Recipe for Success-A Positive Behavior Support Workshop** in Wollongong. It is a practical three day workshop for families of children with autism spectrum disorders and challenging behavior.

Where: Illawarra Leagues Club

Dates: 25, 26 & 27 February 2014

Times: 9:30am – 2:30pm

Register: www.autismspectrum.org.au

Contact: Jodi Woodward P 02 6628 3660 E jwoodward@autismspectrum.org.au

Cost: Free to parents/carers or family members and professionals who attend with a family.

All other professionals \$450

THE MUSIC BUS

The Music Bus provides music programs at our school currently on Wed morning and Thur afternoon. For more information regarding the programs available please ph: 1300 1 68742 or www.themusicbus.com.au

Balgownie Public School Uniform requirements

| Girls Uniform | Boys Uniform |
|---|--|
| <p>SUMMER UNIFORM</p> <ul style="list-style-type: none"> • black and white check dress or black culottes • white polo shirt with school crest • short white ankle socks • black shoes • black and white hair accessories only • black school hat | <p>SUMMER UNIFORM</p> <ul style="list-style-type: none"> • black shorts • white polo shirt with school crest • Short white ankle socks • black shoes • black school hat |
| <p>WINTER UNIFORM</p> <ul style="list-style-type: none"> • dark navy/bottle green tartan pinafore with a long sleeved white shirt or white skivvy OR • black pants with a short/long sleeved white polo shirt with school crest • black tights or short white ankle socks • black shoes • black and white hair accessories only • black school hat • school jacket or jumper with school crest | <p>WINTER UNIFORM</p> <ul style="list-style-type: none"> • black pants with a short/long sleeved white polo shirt with school crest • short white ankle socks • black shoes • black school hat/cap • school jacket or jumper with school crest |
| <p>SPORT UNIFORM</p> <ul style="list-style-type: none"> • black culottes, shorts or black tracksuit • school sports polo shirt • short white ankle socks • joggers- any colour • black school | <p>SPORT UNIFORM</p> <ul style="list-style-type: none"> • black shorts or black tracksuit • school sports polo shirt • short white ankle socks • joggers- any colour • black school hat |
| <p>Notes</p> <ul style="list-style-type: none"> • Black shorts, trousers or tracksuit pants worn by boys and girls should not have any logos or any colour other than black. That includes white piping or stripes. No leggings are to be worn on their own. • No ¾ pants under dresses or on their own. • Jumpers and jackets are to be Balgownie School jumpers only. • All hats are to be Balgownie School hats only. • Caps and hats are permitted for remainder of 2013 and 2014. 2014 is a year of transition with caps being phased out. In 2015, all students will be required to wear a 'Sun safe' Balgownie Public School broad brim or bucket hat. No beanies as they do not offer sun protection. • Shoes are to be plain black without coloured laces or any colour other than black. Boots or high tops are not part of our school uniform. Sports shoes may be worn on Friday. It is recommended that canvas shoes are not worn as they provide limited support for growing feet. Shoes should have non slippery soles as they are worn for outdoor activities. • Socks to be visible above shoes. • Hair accessories – black and white only • Minimal jewellery only to be worn eg small studs, watch etc. Safety of students is the focus. eg no large earrings. Jewellery worn at own risk. • Sun glasses- optional. Must be black or white and meet Australian Standard 1067:2003. • No makeup • Performance uniform is defined by the performance director. • PLEASE PUT STUDENT'S NAME ON ALL ITEMS OF CLOTHING. | |

SCHOOL SAFETY NOTICE TO DRIVERS

There is NO EXCUSE for disobeying traffic control signs and road rules in the vicinity of a school. There are NO APOLOGIES for issuing infringement notices to offenders. Parking dangerously, blocking sight lines, blocking buses and crossings puts children's lives at risk.

Please read and understand the following traffic controls around your school:



NO STOPPING

Under no circumstances are you permitted to stop on a length of road to which a NO STOPPING sign applies.

(Penalty: exceeds \$304 + two demerit points)



NO PARKING

You are permitted to stop in a NO PARKING zone only while you are engaged in dropping off or picking up passengers.

You must stay within three metres of our vehicle.

You must not stop for more than two minutes.

(Penalty: exceeds \$169 + two demerit points)



BUS ZONE

You are not permitted to stop in a BUS ZONE unless you are driving a public bus.

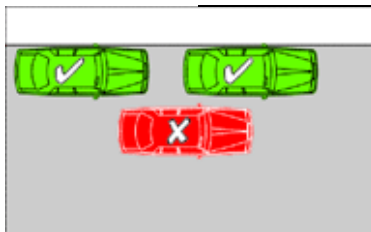
(Penalty: exceeds \$304 + two demerit points)



CHILDREN'S CROSSING

You are not permitted to stop within 20 metres before the crossing and 10 metres after the crossing

(Penalty: exceeds \$405 + two demerit points)



DOUBLE PARKING

You must not stop on a road between the centre of the road and another car that is parked at the side of the road to wait or pick up or drop off passengers.

(Penalty: exceeds \$304 + two demerit points)

THE COST OF TAKING YOUR CHILDREN TO SCHOOL DEPENDS ENTIRELY ON YOU