

**BALGOWNIE RD, BALGOWNIE NSW 2519** 

PH: (02) 4284 4245 FAX: (02) 4284 3462

#### WHAT'S ON?

Wed 13.11.13 Principal Talk 6.45pm
P&C Meeting 7.15pm in Library
Thu 14.11.13 School Starters Playgroup
Frid 15.11.13 Ice-cream Day
Sun 17.11.13 Bunnings Sausage Sizzle

Gala day wonderful event Last Friday our girls played Dragon Tag and boys played AFL against other local schools in a round robin format. It was a really hot day (unlike this week when swim scheme has started!) Thanks to staff who supervised and put up the shelters so that our children had shade to rest in.

Our students didn't just play strong and fair but showed all the attributes that we expect: good manners, good sportsmanship, following the referee's decisions and teamwork. What fine people they will grow up to be if they can take those skills and apply them to all aspects of their lives.

**P and C meeting** is on tonight. At 6.45pm is a principal talk on our 2013 achievements based on our school plan and future directions. At 7.15pm will be the regular P and C meeting. You are more than welcome to come at either 6.45 or 7.15pm!

**Need help** Come on dads, there must be a few of you who are available to help on the Bunnings BBQ this Sunday 17<sup>th</sup> November. There are still a few one hour time slots that need filling between 9.30-12.30. You don't need to stay for the whole day and there is a team of four at all times. We need you!! Please call Scott on 0419875540.

**Raffle and auction** Well done to the following people who have won the raffle prizes for the Mercieca Family fundraiser:

- 1. Ailsa Bailey ipad mini
- 2. Kate Adams About Faces voucher
- 3. Konza family Savvy Fitness voucher
- 4. Michelle Thompson Hamper form Balgownie Chemist
- 5. Kylie Moffitt Hamper from Balgownie Chemist

13.11.13

TERM 4 - WEEK 6

- 6. Scott Spencer voucher from Graze
- 7. Anne Foreman Vitex Motors Free rego check
- 8. Shellie Lavery Bally Hotel Bistro voucher
- 9. Meg Kelly Crinis Fruit voucher
- 10. Toni Lee-Howie Gala movie passes.

The silent auction was also drawn and the winners are as follows:

Sian Harrison - Questacon Family Pass Khalid Morton - Mogo Zoo Family Pass & McKeons Swim School Voucher

Tonie Howie – Dolphin Watch Cruise

Rachel Golding – Woonona Tyres & Mechanical Service Tahnie Lowe – Costa Azzura

Chris Halios-Lewis – McKeon Swim School Voucher Brendan Sheedy – Definition Fitness Training Certificate

Thanks to all those who bought tickets, donated prizes or donated goods for the raffle to be a success! Our community always shows that they care. Thanks also to the organisers who worked so very hard to collect prizes and to complete the administration of the event.

#### Comprehension Skill 5 - Visualising

**Description**: Learners create a mental image from the text which was read, viewed or heard. Visualising brings the text to life, engages the imagination and uses all of the senses.

## Example questions/ statements.

- What are the pictures you have in your head as you read, view or listen to this text?
- Can you describe the picture you made while you read or heard that part?
- How did the pictures in you your head help you understand the text?

#### **Handy hint**

As a passage or story is read to your child, they sketch their visualisation. The child shares their sketch and discusses the reasons for their interpretation.

Email: balgownie-p.school@det.nsw.edu.au



#### LIVING AND LEARNING

## Ask WHAT when kids act up

From Michael Grose Parenting Educator

"Asking WHY when kids misbehave generally closes down a conversation and puts them on the defensive. There's a better question to ask when kids behave poorly. Ask a question beginning with 'WHAT?"

WHY.....?' Why on earth did you do that?' Most of us have said this to our kids at some stage.

They hurt a sibling and we say, 'Why?'

They argue and fight at the meal table and we say, Why?' They deliberately come home from an outing later than agreed and we say, 'Why?'

This is a natural reaction. But often kids can't articulate why they have done the wrong thing. Boys, in particular, will usually reply, 'I dunno.' They know something isn't right, but articulating it is another matter.

Besides, asking WHY is pointless.

Even if they give you a reason for their poor behaviour ('cos she hit me firs', 'I'm not hungry anyway', 'I was late because I lost track of time') where do you go to from there?

Asking WHY when kids misbehave generally closes down a conversation and puts them on the **defensive**. There's a better question to ask when kids behave poorly. Ask a question beginning with 'WHAT?'

Better to ask questions such as:

- WHAT were you thinking when you hurt your sister?
- WHAT were you doing when you decided to stay out late?
- WHAT was happening when you argued with your friend?
- WHAT should you have done when you didn't want to eat and decided to annoy your sister?
- WHAT will you do next time when you feel like acting like that?
- WHAT do you think your brother meant when he said that you were.....?
- WHAT will you do now to make it up to your brother?

These types of questions are **reflective** and **restorative**. They require children to reflect on their thinking, their behaviour and the situation at hand. This opens up conversations that lead to learning. Effective discipline helps children learn better ways of behaving.

Some of the questions lead children to the important aspect of repairing or **restoring** relationships they may have damaged through their behaviour and so take some responsibility for the way they acted. Taking responsibility and making amends is another vital aspect of discipline.

Importantly, asking **what?** when kids' misbehaviour impacts on others leads them further down the road from

**self interest** to social interest, where they consider the well-being of others. It's also in line with the types of questions teachers are asking your children when their behaviour adversely affects others.

Have a wonderful week. Aloma Stewart

**Congratulations** to the following students who have demonstrated our values of *Respect, Responsibility* and *Real Learning* and earned themselves a wrist band! Well done!

Jordan Freeman
Zoe Johnson
Finn Kelly
Miles McAndrew
Macey Chesworth
Amelia Bourke
Erika Chalmers
Olivia Facci
Taliver Fulcher
Abby Spencer

Madisyn Ross Eva Freeman Escher Godfrey

And well done to the following students who achieved their PBS badge!

Skye Spencer Morgan Williams Joshua Spark Samantha Cooper

## Thought of the Week

Children nowadays love luxury, have bad manners, contempt for authority, disrespect for elders....

They contradict their parents, chatter in front of company, gobble up food on the table, cross their legs and tyrannise their teachers.

Socrates (470-339BC)

Some things don't change such as how older people view youth!

## Joke of the Week

Q: Why did the thief take a shower?
A: He wanted to make a clean getaway!

## **BOOK COVERING HELPERS PLEASE**

Due to the generosity of our P&C, the school has been able to purchase many new reading resources for our students. This means that we now have a large number



### LIVING AND LEARNING

of books that require covering with contact. We are currently seeking volunteers to help us out with covering. If you are able to do so please see Mrs Birchall in the Library.

# URGENT - HAVE YOU PURCHASED A NEW MOBILE PHONE RECENTLY?

We need your old mobile phones. Is your old phone lying around collecting dust? Why not turn it into something useful? We are running an ongoing mobile phone recycling fundraiser. Simply take your mobile to the box in the library! Thank you to everyone who has already recycled their phones. All money raised will be put towards environmental initiatives for the school.

# CANBERRA EXCURSION AND THE PACER REBATE

In Week 2, our Stage 3 students attended a three day visit to Canberra. This was a culmination of our studies in democracy and the history and functions of the Australian Government. The Australian Government, through the Parliament and Civics Education Rebate (PACER) program, assists students involved in educational trips to Canberra by providing a \$20.00 rebate per student. By factoring in this rebate, we are able to keep the cost of such excursions to a minimum. The rebate is, therefore, much appreciated by all.

#### **YEAR 6 FAREWELL**

The 2013 Year 6 Farewell dinner and disco will be held in the school hall on **Thursday 12<sup>th</sup> December** at 5.30pm. An invitation will be issued shortly. The contribution for year 6 students will be \$10 per person. Year 5 students are invited to the disco (free).

#### **Payment**

Could those year 6 students attending the farewell put \$10 in an envelope marked "Year 6 Farewell" along with their name and hand this into the school office as soon as possible please?

#### **Helpers**

We are also looking for:

- 1. Year 6 parents to help set up the hall during the day
- 2. Year 5 parents who can help on the night.

Please contact Dale ph: 0425 320750 or Jane 0415 451728.

#### **Year 6 Families Dinner**

An informal dinner is planned during the farewell at Balgownie Hotel, 141 Balgownie Rd. All families of the current year 6ers are welcome.

NEXT P&C MEETING - TONIGHT WEDNESDAY 13<sup>TH</sup> NOVEMBER 2013

#### **GIRLS GALA DAY**

On Friday the 8<sup>th</sup> of November, stage 3 and 2 girls went down to Dalton Park to have a great day playing Dragontag. Although we waited ½ an hour for our bus to get to the school, we had a picnic and played some games! We learnt some new skills and how to play Dragon-tag. Everyone was fantastic sports and encouraged everyone. We had a wonderful day!

Thanks so much teachers.

By Claudia Konza and Molly Drain.

## **BOYS AFL GALA DAY 2013**

On Friday the 8<sup>th</sup> of November stage 2 and 3 boys participated in the regional AFL Gala Day, it was a great opportunity to get active. The day was full of fun with all the other schools in this region.

We left at 9:00 and our first match was at 10:30 we played 4 matches of action packed AFL the teams were fair and everyone got a fair go and gave everyone a chance to show off their great skills.

By Hunter Turnbull

#### **CANTEEN ROSTER**

### 2013 Week 7, Term 4

Day	Date	Name
Mon	18.11.13	Emma Kipps Nicky Kettley <i>Help Needed</i>
Tues	19.11.13	Wendy Wyatt Barbara Picciolini
Wed	20.11.13	Ann Foreman Margaret Williams <i>Help Needed</i>
Thurs	21.11.13	Corina Firpo Megan Hammersley Megan Hodge
Fri	22.11.13	CLOSED

## UNIFORM SHOP

The Uniform Shop is open on TUESDAY mornings from 8.30am each week.





# BALGOWNIE PUBLIC SCHOOL TENNIS COURT

Bill Kettley - Tennis Coaching Vacancies on Monday afternoon at 3pm

You can contact Bill on 4284 9356, mob 0415 958 700 or email sallyk@netspace.net.au

#### **P&C NEWS**

#### **BUNNINGS BBQ! THIS SUNDAY 17TH NOV!**

We would like to thank all of the families that have generously volunteered their Sunday time to help our school!

We can always use more help so that we can top up supplies or relieve those that have committed to 2hrs so please contact us ASAP so we can finalise the roster. We also need all volunteers to confirm this roster by either emailing or sms'ing scott on 0419 875 540 or Scott.Spencer@bluescopesteel.com

## **BUNNINGS ROSTER FOR SUNDAY 17<sup>TH</sup> NOVEMBER**

Time	P&C Rep	Helper 1	Helper 2	Helper 3
Setup	Scott Spencer	Chris Neal		
8:30-9:00	Scott Spencer	Chris Neal	Shane Brown	Ray Morrison
9:00-9:30	Scott Spencer	Chris Neal	Shane Brown	Ray Morrison
9:30-10:00	Nathan Grierson	Jane Morrison	Stuart Gaynor	Jodie Spark
10:00-10:30	Nathan Grierson	Jane Morrison	Stuart Gaynor	Jodie Spark
10:30-11:00	Nathan Grierson	Jane Morrison	Stuart Gaynor	Jodie Spark
11:00-11:30	Nathan Grierson	Hamilton Wearing	Raff Chiaverini	Mr Sohel
11:30-12:00	Jacqui Birchall	Hamilton Wearing	Raff Chiaverini	Mr Sohel
12:00-12:30	Jacqui Birchall	Meikell McCreadie	Yue Zhao	Mr Sohel
12:30-1:00	Jacqui Birchall	Meikell McCreadie	Yue Zhao	Stewart Howie
1:00-1:30	Jacqui Birchall	Meikell McCreadie	Yue Zhao	Stewart Howie
1:30-2:00	Alison Kerema	Meikell McCreadie	Mr Kerema	Stewart Howie
2:00-2:30	Alison Kerema	Geoff Dewar	Mr Kerema	Stewart Howie
2:30-3:00	Alison Kerema	Geoff Dewar	Mr Kerema	Scott Spencer
3:00-3:30	Aloma Stewart	Geoff Dewar	Emma Kipps	Scott Spencer
3:30-4:00	Aloma Stewart		Emma Kipps	Scott Spencer
Cleanup 4:00-4:30	Aloma Stewart		Emma Kipps	Scott Spencer